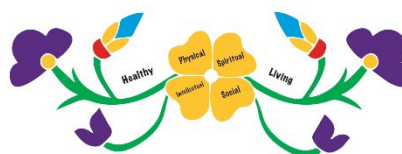


RESOURCE GUIDE



SEPTEMBER 29, 2023



Emergency/Preventative

Call

911

Emergency Hotline:

An emergency is any situation that requires immediate assistance from the police, fire department or ambulance.

When you call 911, be prepared to answer the call-taker's questions, which may include:

What's your emergency?

The location of the emergency, including the street address

1-800-273-8255

The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. They cover more than just suicide, including help with substance abuse and addiction. Lifeline services are available in English (1-800-273-8255), for Spanish language speakers (1-888-628-9454), and for individuals who may be deaf or hard of hearing (1-800-799-4889).

211

Help for substance use disorder and Overdose prevention

1-800-484-3731

Overdose Prevention Hotline

Text

741741

Text when in crisis available 24/7

Overdose Lifeline

Contents

Well Being

BEHAVIORAL HEALTH (Mental Health & Behavioral Health)

| | |
|--|----|
| Lac du Flambeau Family Resource Center | 9 |
| Zaagiibagaa Healing to Wellness Court..... | 9 |
| Peter Christensen Health Center | 9 |
| The Human Service Center..... | 10 |
| Limberg & Associates Counseling | 10 |
| Koininia Residential Treatment Center | 10 |
| Family Health Center of Marshfield, Inc., Alcohol & Drug Recovery Center Marshfield Clinic Health System | 10 |
| Ascension Koller Behavioral Health | 10 |
| Majestic Counseling & Wellness LLC..... | 10 |
| Behavioral Health Services of Memorial Medical Center | 10 |
| Northland Counseling Service | 11 |
| Norwood Health Center | 11 |
| Bellin Health Psychiatric Center | 11 |
| Winnebago Mental Health Institute | 11 |
| St. Mary's Hospital | 11 |
| Alcoholics Anonymous | 11 |
| Narcotics Anonymous | 11 |
| AL-ANON/ALATEEN (Wisconsin and Upper Peninsula of Michigan)..... | 12 |
| Gambler's Anonymous Hotline..... | 12 |
| Domestic Abuse Program (Benase Equay Wakaigan)..... | 12 |
| Tri-County Council on Domestic Violence and Sexual Assault..... | 12 |
| Peter Christensen Health Center (Sexual assault nurse examiner)..... | 13 |

PHYSICAL HEALTH (Caring for your body)

Medical Clinics

| | |
|---|----|
| Peter Christensen Health Center (PCHC)..... | 13 |
| Marshfield Clinic Lakeland Center..... | 13 |
| Aspirus-Howard Young Medical Center..... | 14 |

Dental Clinics

| | |
|--------------------------------------|----|
| Peter Christensen Dental Clinic..... | 14 |
|--------------------------------------|----|

Eye Clinics

| | |
|---|----|
| Peter Christensen Health Center (PCHC)..... | 15 |
| Redman Gelinas Eye Care..... | 15 |

Fitness

| | |
|--|----|
| Peter Christensen Community Health Department..... | 15 |
| LDF Fitness Center-Minobimaadiziwin..... | 15 |
| Lakeland Fitness and Golf..... | 15 |

Diet

| | |
|--|----|
| Peter Christensen Community Health Department..... | 16 |
|--|----|

SPIRITUAL HEALTH (Culture)

| | |
|--|----|
| Tribal Ojibwe Language Program..... | 16 |
| Cultural Activities..... | 16 |
| Cultural Connections..... | 16 |
| George W. Brown Jr. Ojibwe Museum & Cultural Center..... | 17 |
| Historic Preservation..... | 17 |
| Waaswaaganing Indian Bowl Living Arts & Cultural Center..... | 17 |
| Family Circles Program..... | 17 |
| Chain Three..... | 18 |

Safety

PHYSICAL, EMOTIONAL, MENTAL, AND SPIRITUAL HEALTH

| | |
|---|----|
| Lac du Flambeau Indian Child Welfare..... | 18 |
| Vilas County Department of Social Services (VCDSS)..... | 18 |
| Tri-County Council on Domestic Violence and Sexual Assault..... | 18 |
| Peter Christensen Health Center..... | 18 |
| Domestic Abuse Program (Benase Equay Wakaigan)..... | 19 |

PROTECTION & PREVENTION

| | |
|---|----|
| Tribal Police Department Judicial Building..... | 19 |
| Vilas County Sheriff's Department..... | 20 |
| Northwoods Survivors of Suicide..... | 20 |

| | |
|---|----|
| National Suicide Prevention Lifeline..... | 20 |
| LEGAL | |
| Judicare Legal Assistance..... | 20 |
| Vilas County Circuit Court..... | 20 |
| LdF Tribal Court..... | 20 |

Education

SCHOOLS & EDUCATIONAL SERVICES

| | |
|--|----|
| Gikendaasowin Education..... | 21 |
| Lac Courte Oreilles Ojibwe Community College - Satellite Site..... | 21 |
| Lac du Flambeau Tribal UW Extension Program - Planning & Information Center..... | 21 |
| Lac du Flambeau Public School..... | 21 |
| Arbor Vitae Woodruff School (AVW)..... | 21 |
| Lakeland Union High School..... | 22 |
| Lakeland STAR School/Academy..... | 22 |
| Mercer Public School..... | 22 |
| Minocqua Hazelhurst Lake Tomahawk School (MHLT)..... | 22 |

PUBLIC LIBRARIES

| | |
|-------------------------------------|----|
| Lac du Flambeau Public Library..... | 22 |
| Minocqua Public Library..... | 23 |

Growth

ECONOMIC/FINANCIAL SUPPORT & INFORMATION

| | |
|-----------------------------------|----|
| LdF Economic Support..... | 23 |
| Emergency Assistance Program..... | 23 |
| Wisconsin Native Loan Fund..... | 24 |
| Salvation Army..... | 24 |
| Caritas Program..... | 24 |

EMPLOYMENT

| | |
|----------------------------|----|
| Workforce Development..... | 24 |
|----------------------------|----|

| | |
|--|----|
| Job Center of Wisconsin..... | 24 |
| Vocational Rehabilitation for Native Americans (VRNA)..... | 24 |
| LdF Tribe Human Resources Dept..... | 25 |
| Small Business Training Program..... | 25 |
| Workforce Investment Act Program..... | 25 |
| Northern Advantage Job Center..... | 26 |

Support

ELDER AND DISABLED

| | |
|--|----|
| Country Terrace..... | 26 |
| Lakeshore Assisted Living..... | 26 |
| Minocqua Health and Rehabilitation Center..... | 26 |
| Lac du Flambeau Aging & Long-Term Care Program..... | 27 |
| Aging Disability Resource Center (ADRC)..... | 27 |
| Aging and Disability Resource Service (ADRS)..... | 27 |
| Senior Companion Program/Foster Grandparent Program..... | 27 |

FAMILY SERVICES

| | |
|--|----|
| Lac du Flambeau Family Services Department..... | 28 |
| Vilas County Department of Social Services..... | 28 |
| Lac du Flambeau Family Resource Center..... | 28 |
| Family Support Program/Family Foundations Comprehensive Home Visiting..... | 28 |
| Maternal Child Health Nurse..... | 29 |
| Foster Grandparents Program..... | 29 |

VETERANS SERVICES

| | |
|---|----|
| Lac du Flambeau Tribal Veterans Services..... | 29 |
| Vilas County Veterans Services..... | 29 |
| Veteran's Crisis Line..... | 30 |
| Rhineland VA Clinic | 30 |

ABILITIES & SPECIAL NEEDS

| | |
|--|----|
| Vocational Rehabilitation for Native Americans (VRNA) with Disabilities..... | 30 |
|--|----|

| | |
|---|-----|
| Aging and Disabilities Services (ADRS)..... | 30 |
| Vilas County Aging and Disabilities Resource Center | 30 |
| Headwaters, nc..... | 31 |
| Children and youth with Special Health Care Needs..... | 31 |
| Children's Health Alliance of Wisconsin..... | 31 |
| Wisconsin Family Ties..... | 31 |
| YOUTH SERVICES | |
| Lac du Flambeau Youth Center..... | 32 |
| Wiggle, Giggle, and Shake..... | 32 |
| Northwoods Children's Museum..... | 32 |
| YMCA Camp Nawakwa..... | 32 |
| Teen-Anon..... | 32 |
| National Runaway Safeline..... | 32 |
| EARLY CHILDHOOD CHILDCARE | |
| Little Dreams Daycare..... | 33 |
| Zaasijiwan Head Start..... | 33 |
| Terri's Tree House Early Learning Center..... | 33 |
| Little Sunshine..... | 33 |
| Trinity Lutheran School (3K)..... | 33 |
| North Country Montessori..... | 33 |
| COALITIONS | |
| Healthier Community Action Team (HCAT) | 344 |
| Honoring Our People's Endurance (H.O.P.E.) | 34 |
| Minobimaadiziwin Coalition (MINO)..... | 34 |
| Northwoods Coalition | 35 |
| Vilas County Youth Coalition (VCYC) Inc. | 35 |

Healthy Living

FOOD

| | |
|------------------------|----|
| Food Distribution..... | 35 |
|------------------------|----|

| | |
|--|----|
| LdF Economic Support..... | 36 |
| Supplemental Nutrition Program for Women, Infants, and Children - GLITC..... | 36 |
| LdF County Market..... | 36 |
| Lakeland Food Pantry..... | 36 |
| Boulder Junction Food Pantry..... | 36 |
| HOUSING | |
| Chippewa Housing Authority (CHA)..... | 37 |
| NEWCAP, Inc..... | 37 |
| Fredrick Place Homeless Shelter..... | 37 |
| Sunshine for Humanity, Inc..... | 38 |
| Our Sister's House..... | 38 |
| LdF Homeless Shelter..... | 38 |
| TRANSPORTATION | |
| Lac du Flambeau Tribal Transit..... | 38 |
| StarGazer Limousine Service..... | 39 |
| Veyo, Inc..... | 39 |
| NATURAL RESOURCES | |
| Environmental Health Services/Sanitarian..... | 39 |
| Tribal DNR Conservation Law Department..... | 39 |
| Tribal Department of Natural Resources (DHR)..... | 40 |
| OTHER SERVICES | |
| LdF Enrollment..... | 41 |
| Land Mangement..... | 41 |
| LdF Motor Vehicle Department..... | 41 |
| Roads Department..... | 41 |
| Tribal Planning and Development..... | 42 |
| ADDITIONAL RESOURCE DIRECTORIES | |
| Vilas County Resource Guide..... | 42 |

| | |
|---|----|
| Northwoods Area Mental Health and Substance Use Recovery Resources..... | 42 |
| United Way 211..... | 42 |
| MEDIA | |
| Tribal E-Newsletter..... | 43 |
| Lakeland Times..... | 43 |
| WJFW TV 12..... | 43 |
| WXPR Radio Station..... | 43 |

Emergency/Preventative

| | |
|---------------------|----|
| CALL | |
| 911..... | 44 |
| 1-800-273-8255..... | 44 |
| 211..... | 44 |
| 1-800-484-3731..... | 44 |
| TEXT | |
| 741741..... | 44 |



Well Being

BEHAVIORAL HEALTH (Mental Health & Behavioral Health)

This area is about finding support and new ways to maintain good thoughts, feelings, and actions and not be subjected to old thoughts and behaviors. Stepping away from compulsive behaviors such as use disorders related to drinking, misusing drugs, and gambling. Finding ways to move away from abusive violence to a way of strength and peace.

Lac du Flambeau Family Resource Center

533 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-1511

Provides outpatient services and programs to the community including:

- Outpatient Mental Health
- Outpatient AODA
- Gambling Addiction Treatment
- OWI Assessment and Counseling
- Outreach Services to schools and other community programs
- Individual, Family and Group Therapy
- Comprehensive Community Services (CCS)
- Coordinated Services Team (CST)

Zaagiibagaa Healing to Wellness Court

Zaagiibagaa Healing to Wellness Court

623 Peace Pipe Road, PO Box 217, Lac du Flambeau, WI 54538

Phone: 715-588-4395 Program Coordinator; 715-588-4165

The Zaagiibagaa Healing to Wellness Court provides a combination of substance abuse and behavioral health treatment, life skills education and supervision to hold participants accountable to the court, to themselves, to their family and to their community. The program incorporates cultural principles in order to reduce recidivism, and restore wellbriety. The Zaagiibagaa Healing to Wellness Court is for individuals 17 years and older who committed crimes due to substance use disorder.

Peter Christensen Health Center

129 Old Abe Road, Lac du Flambeau, WI 54538

Phone: 715-588-3371

Behavioral Health Services through PCHC include direct social work through two clinic-based social workers and a Psychiatric Nurse Practitioner who provides psychiatric medication assessments, prescriptions, and ongoing medication management. In order to access these services, ask for the Triage Nurse.

The Human Service Center

705 E. Timber Dr., Rhinelander, WI 54501

Phone: 715-369-2215

Provides Forest, Oneida, and Vilas County residents with chemical dependency, developmental disabilities, and mental health services. Prevention funding provided for all three counties.

Limberg & Associates Counseling

8618 Highway 51 North, Minocqua, WI 54548

Phone: 715-356-6146 or 1-800-788-5882

State certified outpatient mental health clinic specializing in: marriage counseling, couples counseling, and children/family therapy.

Koininia Residential Treatment Center

1991 Winnebago Street, Rhinelander, WI 54501

Phone: 715-362-5745

Website: www.koininiaocs.net

Work with individuals and families. Specialize in helping those with substance abuse, addiction and mental health issues to help transform their lives. Each patient's treatment plan and length of their stay is based on their needs.

Family Health Center of Marshfield, Inc., Alcohol & Drug Recovery Center Marshfield Clinic Health System

Minocqua 9792 Hwy 70, Minocqua, WI 54548

Phone: 715-358-7377 or 1-844-288-8324

Website: www.hopeconsortium.org

Provides care coordination, medication-assisted treatment, outpatient treatment services, individual AODA counseling, urine drug testing. Accepts Medicare, in-state Medicaid, most private insurances

Ascension Koller Behavioral Health

311 Elm Street, Woodruff, WI 54568

Phone: 715-356-8540

Outpatient mental health and substance abuse services include evaluation, diagnosis and treatment for people with behavioral health disorders. People served include children, adolescents, families and adults, in an individual, family or group counseling setting.

Majestic Counseling & Wellness LLC

9198A Thrall Road, Woodruff, WI 54568

Phone: 715-439-4377

Website: www.majesticcounseling.net

Provides services to individuals, couples, and families in the areas of mental health counseling, AODA counseling and massage therapy.

Behavioral Health Services of Memorial Medical Center

1615 Maple Lane, Ashland, WI

Phone: 715-682-8665 (crisis call 988)

Provides a full range of Outpatient Mental Health and Addiction Treatment services, as well as inpatient services for people requiring psychiatric and chemical detoxification.

Northland Counseling Service

615 East Wall Street, Eagle River, WI 54521
Phone: 715-479-2600 (crisis 1-888-299-1188)
Website: www.northlandcounselingsvcs.com

Inpatient voluntary and involuntary mental health assessment, treatment, stabilization and alcohol/drug detoxification services for adults and adolescents age 13 or older.

Norwood Health Center

1600 North Chestnut Avenue, Marshfield, WI 54449
Phone: 715-384-2188
Website: <http://www.co.wood.wi.us/Departments/Norwood/>

Residential and inpatient services for people with mental health and addiction disorders

Bellin Health Psychiatric Center

301 E. St. Joseph Street, Green Bay, WI 54301
Phone: 920-433-6073
Website: www.bellin.org

Bellin Psychiatric Center provides inpatient mental health and AODA services to children, adolescents and adults.

Winnebago Mental Health Institute

1300 South Drive, Winnebago, WI 54985
Phone: 920-235-4910
Website: www.dhs.wisconsin.gov/winnebago

Owned by the state of Wisconsin, Winnebago is a psychiatric inpatient hospital that provides treatment for children, youth and adults who are struggling with mental health and substance abuse disorders.

St. Mary's Hospital

2251 N. Shore Drive, Rhinelander, WI 54501
Phone: 715-361-2000

St. Mary's Hospital provides comprehensive mental health, psychiatric, and detoxification services in an inpatient hospital setting.

Alcoholics Anonymous

Northern Wisconsin Alcoholics Anonymous
Phone: 715-367-7920 (call or text)
Website: <http://northwoodsaa.org>

Alcoholics Anonymous is a fellowship of people who meet and share their experiences of strength, struggle and hope among one another for support.
This group serves all ages in Northern Wisconsin.

Narcotics Anonymous

Woods and Waters Area
Phone: 1-800-310-9077
Website: <http://woodsandwatersna.org>

Narcotics Anonymous is a nonprofit fellowship for recovering addicts who meet regularly to help support each other to stay clean.

AL-ANON/ALATEEN (Wisconsin and Upper Peninsula of Michigan)

Phone: 715-628-0023 local or 1-888-425-2666 UP area

Websites: <http://www.area6lafg.org>
<http://www.al-non.org/alateen-talk>

Al-Anon's purpose is to help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend.

Alateen is a recovery program for young people.

Gambler's Anonymous Hotline:

1-800-GAMBLE-5

Problem gambling is a disorder characterized by loss of control over gambling. Individuals with this disorder have a preoccupation with gambling and continue with it despite adverse consequences.

Domestic Abuse Program (Benase Equay Wakaigan)

Lac du Flambeau, WI 54538

Phone: 715-588-7660 or 800-236-7660

Website:

https://www.ldftribe.com/departments/26/Health_Human_Services/Domestic_Abuse_Program_Benase_Equay_Wakaigan.html

Includes 24-hour services for victims of sexual assault, including Crisis Line, on-call Advocates, Supportive meetings and groups.

Services

- 24/7 Crisis Line: 1-800-236-7660
- On-call Advocates to respond to emergencies or crisis situations
- Emergency Shelter services to Victims and their Children/Grandchildren
- Advocacy and education for Victims, Children and Elders
- Restraining order waivers of fees
- Accompaniment through legal processes and referrals to other resources
- Assistance with acquiring Judicare assistance
- Supportive meetings and groups
- Assistance and support with Financial and Budgeting needs
- Assistance to families in need as a result of fire or other catastrophic event by distribution of donated items to the shelter

Groups/Special Events:

- Women's Support Groups
- Cultural Focused Support
- Men's Re-Education Batterers Group
- Youth Support and education at LDF School and LUHS
- SCRT-Sensitive Crimes Response Team

Tri-County Council on Domestic Violence and Sexual Assault

Phone: 715-362-6841 or 1-800-236-1222

Serves residents of Vilas, Oneida and Forest Counties providing crisis and ongoing support and services to primary and secondary victims of domestic abuse and sexual assault. Offices in Rhinelander, Eagle River and Crandon. 24-hour crisis line 1-800-236-1222

Peter Christensen Health Center

129 Old Able Road, Lac du Flambeau, WI, 54538

Phone: 715-588-3371

Sexual Assault Nurse Examiner (SANE)

Ask for Triage Nurse



PHYSICAL HEALTH (CARING FOR OUR BODY)

This is about caring for our bones, our muscles, our teeth, the systems of our body through regular check-ups, healthy diets and exercise.

Medical Clinics

Peter Christensen Health Center (PCHC)

129 Old Abe Rd., Lac du Flambeau, WI 54538

Phone: 715-588-3371

Website: <http://pchclinic.com/>

Hours: 8:00 am-5:00 pm M-F

Peter Christensen Health Center starts with a family practice team of Physicians, Nurse Practitioners, Physician's Assistants, support staff and more to provide a comprehensive assortment of services designed to help people manage their health. Care provided to the Lac Du Flambeau Community, Vilas, Oneida and Iron counties. PCHC has a wide range of services including medical, medical social workers, psychiatric nurse practitioner, vision, pharmacy, lab, physical/occupational therapy, chiropractic, oral surgery and radiology services, which includes MRI and mammography. PCHC uses modern technologies like electronic medical records, electronic prescriptions, and digital radiology. Medical social workers are available for same day appointments.

Marshfield Clinic Lakeland Center

9601 Town line Rd., Minocqua, WI, 54548

Phone: 715-358-1000 or 800-347-0673

Website: <https://www.marshfieldclinic.org/Locations/Centers/Minocqua%20Center>

More than 70 physicians providing staff Marshfield Clinic Minocqua Center: primary, urgent care and a variety of specialties including medical oncology and hematology services. The facility also includes a state-of-the-art ambulatory surgery center.

The full-service facility is designed to accommodate the latest technological advances in health care and features:

- Private inpatient rooms
- Full surgical suite with operating rooms and procedure rooms including:
 - Da Vinci surgical robot that allows for precise imaging and placement, leading to smaller incisions and faster recovery times.
 - Birthing center with private rooms for labor and delivery (LDRP) and a dedicated C-section room for planned and urgent deliveries.
- Emergency department, imaging and lab services, pharmacy, physical and occupational therapy, and more

Aspirus-Howard Young Medical Center

240 Maple St, Woodruff, WI 54568

Phone: 715-356-8000

Clinic: 715-356-8140

Specialty clinic: 715-356-8718

Website: <http://aspirus.org>

The 99-bed Howard Young Medical Center offers a full range of compassionate healthcare services to residents of all ages in the northern Wisconsin counties of Oneida, Vilas and Iron.

Board-certified emergency medicine doctors treat all types of medical emergencies 24/7.

- Inpatient and outpatient services, including physical therapy and occupational therapy.
- Medical specialty care.
- Doctors, nurse practitioners and staff are committed to your health and well-being.
- Our general surgeons are highly skilled in a full range of surgical procedures, including minimally invasive techniques.
- Orthopedic joint care specialists and physical therapists offer the latest diagnostic tests, pain management interventions and treatments.
- We offer a full range of women's health services including obstetrics, gynecology with a focus on your breast, heart, and pelvic health incontinence therapy.

Rehabilitation Therapy Services

Our licensed therapists treat all types of conditions with personalized, non-surgical therapies to improve function and mobility. Our behavioral and mental health specialists treat a wide variety of conditions. If you or someone you love is struggling with addiction, anxiety or depression, reach out to us.

Aspirus-Howard Young Medical Center

240 Maple St, Woodruff, WI 54568

Clinic: 715-356-8140

Specialty clinic: 715-356-8718

Website: <http://aspirus.org>

Offering primary care services for family members of all ages

Aspirus-Howard Young Medical Center

240 Maple St, Woodruff, WI 54568

Specialty clinic: 715-356-8718

Website: <http://aspirus.org>

Offering neurology, rheumatology, women's care, and podiatry

Dental Clinic

Peter Christensen Dental Clinic

128 Old Abe Rd

Lac Du Flambeau, WI 54538

Phone: 715-588-4269 or 855-588-7232

Website: <http://www.pcdcampus.com/>

Variety of dental services offered to both Tribal and non-Tribal members. Most insurances accepted. Financing available. Accept Medicaid and Badger care.

Eye Clinic

Peter Christensen Health Center (PCHC)

129 Old Abe Rd., Lac du Flambeau, WI 54538

Phone: 715-588-3371

Website: <http://pchclinic.com/>

Hours: 8:00 am-5:00 pm M-F

Peter Christensen Health Center Eye Clinic provides service to the Lac Du Flambeau Community, Vilas, Oneida and Iron counties offering vision testing and ordering required eye wear.

Redman Gelinas Eye Care

Hwy 51 and 1020 3rd Ave, Woodruff, WI 54568

Phone: 715-356-2262 or 1-800-441-0717

Website: www.redmangelinaseyecare.com

Hours: Mon-Fri 8:00am-5:00pm 1st & 3rd Saturday of the month 8:00am-12 noon

The comprehensive exam begins with a through history to access the patient's needs and concerns. Then we move onto the refraction to be able to determine the actual prescription.

Fitness

Peter Christensen Community Health Department

125 Old Able Road, Lac du Flambeau, WI, 54538

Phone: 715-588-3371

Website: <http://pchclinic.com/communityhealth.html>

Nutrition Counseling, Diabetes Education Services, Smoking Cessation Program, Women Infant & Children (WIC) Program, Maternal Child Health Services, Public Health Emergency Preparedness, Hepatitis C/HIV Counseling Services, Needle Exchange Program, Rural Infant Health, Car Seat Program, Business & Home Inspections, Water Testing, Radon Testing

LDF Fitness Center-Minobimaadiziwin Wellness Center

125 Old Abe Road, Lac du Flambeau, WI 54538

Phone: 715-588-4352

Website: https://www.ldftribe.com/departments/39/Health_Human_Services/Fitness_Center.html

With: Showers and Lockers, Fitness classes and activities, Fitness Assessments, Tailor-made exercise programs, Cardiovascular Equipment, Strength Training Equipment, Free Weights, Core Strengthening Flexibility Zone, and more.

Lakeland Fitness and Golf

669 Veterans Parkway

Woodruff, WI 54568

Phone: 715-439-4077

Hours: Open 24 hours to members - Staffed available M-F 6am-6pm; Sat-Sun 7am-5pm

Website: www.lakelandfitnessandgolf.com

Premier fitness center of the Northwoods. Full gym with Life Fitness cardio and weight training equipment, two racquetball courts, walk/run track, large studio for weekly classes, certified personal trainers, and four TruGolf simulators.

Diet

Peter Christensen Community Health Department

125 Old Able Road, Lac du Flambeau, WI, 54538

Phone: 715-588-3371

Website: <http://pchclinic.com/communityhealth.html>



Spiritual Health (Culture)

Tribal Ojibwe Language Program

Phone: 715-588-4237

Email: language@ldftribe.com

The goal of the Tribal Ojibwe Language Program is to both preserve the Lac du Flambeau dialect of Ojibwe language and increase the use of language within the community.

Program staff efforts target Head Start and Grades 4K-8 at the LDF School. Students at Lakeland Union High School also have access to daily language instruction. All others are served via Community Language Classes.

Cultural Activities

Boy's Dorm

838 White feather Street, Lac du Flambeau, WI 54538

Phone: 715-588-2139

This program provides a variety of Cultural Based Activities (making ribbon skirts, basket making, moccasin making and more) for Lac du Flambeau Tribal Members. Please, feel free to call and discover what classes will be offered and when.

Cultural Connections

Lac du Flambeau Public School

2899 Hwy 47 South, Lac du Flambeau, WI 54538

Phone: 715-588-3838

Mawadishiwe Wigamig (Ojibwe for 'The Gathering Place') is located in Room 506 and provides a cultural setting for students, families, and community members to come into the school to be involved in cultural connections activities. Staff includes a Cultural Connections Coordinator and Cultural Connections Assistant.

George W. Brown Jr. Ojibwe Museum & Cultural Center

603 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-3333

The museum is a well-known attraction in the Midwest offering exhibits pertaining to the Ojibwa history and culture. Among the exhibits are the world-record sturgeon (7 ft.), a 200-year-old dugout canoe, a four-season diorama timeline, and artifacts from the Lac du Flambeau Tribe, birch bark canoes, and over 5,000 historic photos.

Historic Preservation

Boys' Dorm

838 White feather Street, Lac du Flambeau, WI 54538

Phone: 715-588-2139

This program is responsible for implementation of Tribal Code Chapter 66 and the National Historic Preservation Act (NHPA) as outlined in the Memorandum of Agreement between the LDF Band and the National Park Service (Secretary of Interior). The program provides the required cultural resource review for tribal members and issues permits to proceed for all undertakings on Tribal, Allotted and Fee Lands owned by tribal members. The program reviews all federal undertakings within the exterior reservation boundaries pursuant to Section 106 of the NHPA and reviews statewide federal undertakings for their potential to impact cultural resources within the ceded territories. Program responsibilities include maintenance and updating of all resources files, maps, research information, oral histories, and Native American Graves Protection and Repatriation Act (NAGPRA) related information. The program also serves as an educational outlet for local schools, tribal programs, federal agencies, state agencies, and local governments in all phases of cultural resources management, protection and enhancement, and NAGPRA related activities.

Waaswaaganing Indian Bowl Living Arts & Cultural Center

649 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-9325

The Waaswaaganing Indian Bowl is a vital part of the practice and preservation of the traditions and culture of the Lac du Flambeau Tribe. It has been a centerpiece of cultural sharing and education for Lac du Flambeau and surrounding Northwoods communities since 1951. The venue has offered artisans and historians a place to showcase the best in Native American artistry and traditional cuisine. The economic impact to the community and the region became vital, and many families relied upon the summer income to supplement their subsistence living.

Family Circles Program

Meets at the BDC every Wednesday from 5pm to 8pm

Phone: 715-614-2512

Email: Kamewin@gmail.com

Family Circles is a cultural immersion traditional parenting curriculum intended to build resiliency, provide substance use education, promote healing and strengthen identity. The curriculum is for 19 weeks with two cohort groups meeting per school year. A maximum of 15 families per cohort share a family meal before the program begins each week. There are two master elders (Sonny Smart and Ernie St Germain) and twenty facilitators that alternate for each weekly session.

Chain Three

587 Peace Pipe Rd., Lac du Flambeau, WI 54538
Phone: 715-588-7697

Beads, beaded products, beading supplies, and other craft items.
Saturday & Sunday (summer): 10:00am-3:00pm



Safety

Physical, Emotional, Mental, and Spiritual Health

Lac du Flambeau Indian Child Welfare (ICW)

418 Little Pines, Lac du Flambeau, WI 54538
Phone: 715-588-4275
Website: ldfciw@ldftribe.com

Child welfare program that serves and advocates for minor tribal children who are referred to the program. This is accomplished through the provision of protective services and case management.

Vilas County Department of Social Services (VCDSS)

330 Court Street, Eagle River, WI 54521
Phone: 715-479-3668
Website: www.VilasDSs@co.vilas.wi.us

Provides child protection services to children 0-18 who are residents of Vilas County. Reports of suspected abuse or neglect of LDF resident children, whether tribal members or not, can be made to VCDSS. Cases that fall under tribal jurisdiction are referred to LDF ICW (see above).

Tri-County Council on Domestic Violence and Sexual Assault

Phone: 715-362-6841 or 1-800-236-1222

Serves residents of Vilas, Oneida and Forest Counties providing crisis and ongoing support and services to primary and secondary victims of domestic abuse and sexual assault. Offices in Rhineland, Eagle River and Crandon. 24-hour crisis line 1-800-236-1222

Peter Christensen Health Center

129 Old Able Road, Lac du Flambeau, WI, 54538
Phone: 715-588-3371

Sexual Assault Nurse Examiner (SANE)
Ask for Triage Nurse

Domestic Abuse Program (Benase Equay Wakaigan)

Lac du Flambeau, WI 54538

Phone: 715-588-7660 or 800-236-7660

Website:

https://www.ldftribe.com/departments/26/Health_Human_Services/Domestic_Abuse_Program_Benase_Equay_Wakaigan.html

Services

- 24/7 Crisis Line: 1-800-236-7660
- On-call Advocates to respond to emergencies or crisis situations
- Emergency Shelter services to Victims and their Children/Grandchildren
- Advocacy and education for Victims, Children and Elders
- Restraining order waivers of fees
- Accompaniment through legal processes and referrals to other resources
- Assistance with acquiring Judicare assistance
- Supportive meetings and groups
- Assistance and support with Financial and Budgeting needs
- Assistance to families in need as a result of fire or other catastrophic event by distribution of donated items to the shelter

Groups/Special Events:

- Women's Support Groups
- Cultural Focused Support
- Men's Re-Education Batterers Group
- Youth Support and education at LDF School and LUHS
- SCRT-Sensitive Crimes Response Team



PROTECTION/PREVENTION

Tribal Police Dept. Judicial Building

623 Peace Pipe Road, Lac du Flambeau

Phone: 715-588-7717

Emergency Dispatch: 911

We Tip (Anonymous tip line): 1-800-78-Crime, 1-800-47-Drugs

The mission of the LDF Tribal Police Department is to work collaboratively with other agencies and programs. The department utilizes community-policing strategies to help create a community that is safer for people to live, work and visit and diligently investigates crime. Their goal is to establish community trust by becoming more proactive rather than being reactive in services to community members. By creating a partnership with community members, the department is able to combat drug violations, gang influences and violent behaviors. This partnership also helps give a voice to victims who are looking for a more responsive system of justice.

Vilas County Sheriff's Department

330 Court Street, Eagle River, WI 54521

Phone: 715-479-4441

Mission: To Make Vilas County a Safer Place to Live and Visit by Developing Strong Community Partnerships. Doing Things Right the First Time While Treating People with Dignity and Respect.

Vision: To provide and direct all available resources for the betterment of our employees to effectively and efficiently provide exemplary law enforcement services to the citizens of Vilas County.

Northwoods Survivors of Suicide

315 S. Oneida Street, Rhinelander, WI

Phone: 715-499-5002

Center focuses on Grief and Suicide

National Suicide Prevention Lifeline

Phone: 1-800-273-8255

Crisis counseling hotline, 24/7

LEGAL

Judicare Legal Assistance

Phone: 1-800-472-1638

Apply on line at <https://www.judicare.org/>

Legal assistance for low-income individuals. Handles cases involving bankruptcy, social security and supplemental security income (SSI), family law, health, housing, income maintenance, wills, and Indian law

Vilas County Circuit Court

330 Court Street, Eagle River, WI 54521

Phone: 715-479-3638

LDF Tribal Court

623 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-4200

Email: ldfcourt@ldftribe.com

Tribal Ordinances

Appeals: Chapter 80; Tribal Court Code; 3 member panel of judges; Notice of Appeals must be filed 20 days after judgment entered; Must post bond and filing fee and transcript deposit

Admission Requirements: Fill out the Application to the Bar. Attorneys: Certificate of Good Standing from State Supreme Court and fee of \$75.00; Lay Advocates: Submit affidavit reciting the qualifications of such representative to represent another before the Court accompanied by an admission fee of \$25.00.

Court's Source of Power: Tribal Constitution.

Rules of the Tribal Court

Subject Matter Jurisdiction: Civil (includes traffic, child welfare, child support, paternity, housing, truancy, domestic abuse, juvenile drinking, landlord/tenant, Conservation/Natural Resources on and off reservation, and divorce); and CHIPS for children 17 years of age and under, Small Claims, Probate: Criminal (probation by Judges).

Personal Jurisdiction: Tribal members; limited non-member Indian and non-Indians; and depending on subject matter



Education

SCHOOLS & EDUCATIONAL SERVICES

Gikendaasowin Education

562 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-7925

Email: ldfedu@ldftribe.com

Website: https://www.ldftribe.com/departments/27/Education_Center/Gikendaasowin_Education_Workforce_Development_Center.html

Through creative partnerships, Gikendaasowin (Lac du Flambeau Education Department provides learning opportunities to promote and enhance the educational and cultural growth of the Lac du Flambeau community.

Lac Courte Oreilles Ojibwa Community College Satellite Site

573 Peace Pipe Road, Lac du Flambeau, WI

Phone: 715-588-3457

Offers Associate and Bachelor's Degree programs. Call for latest class information and availability.

Lac Flambeau Tribal UW Extension Program – Planning and Information Center

602 Peace Pipe Rd., Lac du Flambeau, WI 54538

Phone: (715) 588-4251

The Lac du Flambeau Tribal UW-Extension Program extends the knowledge and resources of the University of Wisconsin to people living on the reservation, and offers assistance with life-long, continuous education. Services include education in the areas of economic and community development, human resources, and organizational development; assistance with small business ventures and natural resource management; and education in the area of organizational development.

Lac du Flambeau Public School

2899 Hwy. 47, Lac du Flambeau, WI 54538

Phone: 715-588-3838

Website: www.ldf.k12.wi.us

4K through 8th grade

Arbor Vitae Woodruff School (AVW)

111065 Old Hwy 51 N., Woodruff, WI 54568

Phone: 715-356-3282

Website: www.avwschool.org

4K through 8th grade

Lakeland Union High School

9573 Hwy 70, Minocqua, WI 54548

Phone: 715-356-5252

Website: www.luhs.k12.wi.us

9th through 12th grade

Lakeland STAR School/Academy

9569 State Hwy 70, Minocqua, WI 54548

Phone: 715-358-5259

Website: www.lakelandstar.org

Lakeland STAR is open to students of all abilities and includes personalized education programs to help our students discover their unique potential and maximize their capabilities. Lakeland STAR School serves Grades 7-8, Lakeland STAR Academy serves Grades 9-12.

Mercer Public School

2690 Margaret Street, Mercer, WI 54547

Phone: 715-476-2154

Website: www.mercer.k12.wi.us

Kindergarten through 12th Grade

Minocqua Hazelhurst Lake Tomahawk School (MHLT)

7450 Titus Drive, Minocqua, WI 54548

Phone: 715-356-5206

Website: www.mhlt.org

4K through 8th Grade

PUBLIC LIBRARIES

Lac du Flambeau Public Library

622 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-7001

Mission: To provide informational, cultural, educational, recreational resource and services to all residents of the Lac du Flambeau area and encompassing the communities in Vilas County.

Services:

- Books, newspapers, tribal papers, magazines, atlases
- Wireless Internet
- Online catalog database
- Native American Book Collection
- Children's programs
- Reading programs
- Summer Reading program, other events
- Interlibrary loans
- Copier
- Videos
- Reference Tools

Minocqua Public Library

415 Menominee Street, #B, Minocqua, WI 54548

Phone: 715-356-4437

Hours: Mon-Thurs: 9AM – 8PM, Fri: 9AM – 6PM, Sat: 9AM – 1PM, Sun: Closed



Growth

ECONOMIC/FINANCIAL SUPPORT & INFORMATION

LDF Economic Support

William Wildcat Tribal Center

418 Little Pines Road, Lac du Flambeau, WI 54538

Phone: 715-588-4235

Office Hours:

Monday – Friday, 7:00 A.M. to 4:30 P.M.

Website:

https://www.ldftribe.com/departments/2/Health_Human_Services/Economic_Support.html

Services

- Food Share
- Medicaid
- TANF(Temporary Assistance to Needy Families)
- General Assistance
- Kinship
- Childcare
- Wisconsin Home Energy Assistance Program (WHEAP)
- Support Services Loan and Emergency Services

Emergency Assistance Program

William Wildcat Tribal Center

418 Little Pines Road, Lac du Flambeau, Wi 54538

Phone: 715-588-3303 Ext 4294

The Tribe has created an emergency assistance program limited to tribal members who must be a resident for 1 year and live within a 25-mile radius of the reservation boundaries of the Lac du Flambeau Reservation prior to the date s/he applies for assistance. Services include:

- Emergency Assistance
- Utility assistance
- Medical-Elderly-Physically Challenged Transportation Assistance
- Burial Assistance Fund
- Other Expense Fund Assistance

Wisconsin Native Loan Fund

705 Old Abe Road, Lac du Flambeau, WI 54538

Phone: 715-588-1600

Website: <http://winlf.org/>

Wisconsin Native Loan Fund's mission is to increase the financial self-sufficiency of Wisconsin Native American Communities. Wisconsin Native Loan Fund is a non-profit 501(c)(3) and Native American Community Development Financial Institution (CDFI) certified organization providing affordable lending to Native Americans for renovations of distressed homes for people in need; down-payment assistance and debt consolidation loans. In addition, we are a Volunteer Income Tax Assistance (VITA) site providing a no-charge tax service to the Northwoods of Wisconsin.

Salvation Army

Phone: 715-554-0177

The Vilas County Salvation Army Service Extension Unit provides emergency assistance to persons and families facing acute and unforeseen financial crisis. The work is carried out by volunteer contact persons working in and through churches and organizations of Vilas County.

Caritas Program

St. Matthias Church

403 E. Chicago Avenue, Minocqua, WI 54538

Phone: 715-356-6758 or 715-356-9989 (urgent need)

Caritas-Minocqua program distributes funds to those in urgent and immediate need of assistance.

EMPLOYMENT

Workforce Development Center

562 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-7925

Email: ldfedu@ldftribe.com

Website: https://www.ldftribe.com/departments/27/Education_Center/Gikendaasowin_Education_Workforce_Development_Center.html

The Gikendaasowin Education & Workforce Development Center includes the Tribal Education Department and their programs, Nicolet College's Academic Success Lab, and a satellite Job Center for the State of Wisconsin.

Job Center of Wisconsin

Phone: 1-888-258-9966

Website: <https://jobcenterofwisconsin.com>

Provides job service training and employment assistance to those looking for work, also those needing unemployment assistance.

Vocational Rehabilitation for Native Americans (VRNA) - GLITC

2932 Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324

Provide culturally appropriate vocational rehabilitation services to American Indians with disabilities who reside in the GLITC VRNA service area.

LDF Tribe Human Resources Dept.

William Wildcat Tribal Center
Lac du Flambeau, WI 54538

Phone: 715-588-3303

Website: <https://www.ldftribe.com/employment.php>

Updated list of job postings for:

- Lac du Flambeau Tribal Positions
- Lac du Flambeau Business Development Corporation
- Lake of Torches Resort Casino
- Great Lakes Inter-Tribal Council
- Non-Tribal job opportunities

Small Business Training Program

Great Lakes Inter-Tribal Council (GLITC)
2932 Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324

Assist in the development of economic independence and financial security in WI Native communities
Services provided include:

- One-on-one technical assistance for individual entrepreneurs
- Classes teaching how to manage spending and plan saving
- Resume' compilation and job-seeking skills training

Workforce Investment Act (WIOA) Program

William Wildcat Tribal Center
418 Little Pines Road, Lac du Flambeau, WI 54538

Phone: 715-588-4228

The WIOA Program replaces the Workforce Investment Act of 1998, retains and amends the Adult Education and Family Literacy Act, the Wagner-Peyser Act, and the Rehabilitation Act of 1973.

Goals:

- Increase access to education, training, and employment-particularly for people with barriers to employment.
- Create a comprehensive, high-quality workforce development system by aligning workforce investment, education, and economic development.
- Improve the quality and labor market relevance of workforce investment, education, and economic development efforts,
- Promote improvement in the structure and delivery of services
- Increase the prosperity of workers and employers.
- Reduce welfare dependency, increase economic self-sufficiency, meet employer needs, and enhance the productivity and competitiveness of the nation

Services Provided:

- Career Services: Services that would assist individuals in obtaining a job. (Job Readiness, Job Search, Labor Market Information, Basic skills assessment, Filling out applications, Career assessment, Career counseling & planning, Job Center of WI registration, Barrier Screening)
- Educational & Training Services: services that are provided to equip individuals who have difficulties obtaining a job or entering the workforce despite being active in career services. They also help individuals to retain employment. (GED, college & vocational courses, work experience/job placement, occupational skills training)

Northern Advantage Job Center

51-A North Brown Street, Rhinelander, WI 54501

Phone: 715-365-1500

Provides job seeker services to adults and youth.



Support

ELDERLY & DISABLED

Country Terrace

8730 Packing Plant Rd, Minocqua, WI 54548

Phone: 715-356-1171

Assisted living, dementia care and respite care for elderly people.

Lakeshore Assisted Living

2440 Warpath Lane, Minocqua, WI 54548

Phone: 715-356-2911

Website: www.lakeshoreal.com

Assisted Living Community Based Residential Facilities (CBRF):

- Cedar Cottage
12440 Warpath Lane, Minocqua, WI 54548
- Fraser Cottage
12440 Warpath Lane, Minocqua, WI 54548

Memory Care CBRF's:

- Bolton Lake Cottage
2201 W. Bolton Lake, Lac Du Flambeau WI 53548
- Lake Tomahawk Cottage
6416 Flicker Road, Lake Tomahawk, WI 54539

Minocqua Health and Rehabilitation Center

9969 Old Hwy 70 W, Minocqua, WI 54538

Phone: 715-356-6016

Minocqua Health and Rehabilitation Center is a 72-bed, smoke-free rehabilitation and nursing facility with skilled, professional nursing care provided 24/7 for short and long-term care.

Lac du Flambeau Aging & Long-Term Care Program

125 Old Abe Road, Lac du Flambeau, WI 54538

Phone: 715-588-4385 or 715-588-4388 Senior Site

Services Provided:

- Senior Meal Program (Congregate & Home Delivered)
- Senior Center
- Transportation & Elder Activities
- “Let’s Get Moving” Wellness Program
- Elder Utilities & Rent (EUR) Assistance Program
- CHORES Services
- Medicare Reimbursement Program

Aging Disability Resource Center (ADRC)

125 Old Abe Road, Lac du Flambeau, WI 54538

Phone: 1-800-699-6704

The ADRC of the Northwood’s, has resources available, and will help to meet the needs of the older adults and adults with disabilities.

Aging and Disability Resource Services (ADRS)

Great Lakes Inter-Tribal Council (GLITC)

2932 Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324

Contact: Administrative Assistant

Provides assistance and advocacy for tribal elders in WI with their private and government benefits including Medicare, Social Security, Medical Assistance, Consumer problems, housing issues, supportive home services, and veteran benefits. These efforts are done through monthly site visits, outreach events, pow wows, one stop shops, elder gatherings, health and wellness fairs and one on one counseling

Senior Companion Program/Foster Grandparent Program

Great Lakes Inter-Tribal Council (GLITC)

2932 WI-Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324 or 1-800-472-7207

This program offers seniors age 55 and older the opportunity to serve individuals who have difficulty with daily living tasks. Senior Companions are matched with homebound elders in their community who may be isolated, or they may provide respite to the primary caregivers of homebound elders. They often assist with simple household chores; provide transportation to and from appointments as well as community outings. Alternatively, simply offer companionship.

As a foster grandparent, you are a role model, mentor, and a friend. Serving at various local organizations – including head start, day cares, public schools and after school or summer programs. You can help children learn to read, provide one-on-one tutoring, homework help, and guide children at a critical time in their lives. Your presence will give the kind of comfort and love that sets a child on a path towards a successful future.



FAMILY SERVICES

Lac du Flambeau Family Services Department

418 Little Pines, Lac du Flambeau, WI 54538

Phone: 715-588-4275

Family Services Department includes:

Indian Child Welfare (ICW offers child protective services); Foster Care/Licensing; Juvenile Justice, Coordinating Services Team (CST)

Vilas County Department of Social Services

330 Court St., Eagle River, WI 54521

Phone: 715-479-3668

Website: www.VilasDSS@co.vilas.wi.us

The Vilas County Department of Social Services provides a variety of public assistance programs such as economic support, child protection services, juvenile intake, and adult protective services.

Lac du Flambeau Family Resource Center

533 Peace Pipe Road

Lac du Flambeau, WI 54538

Phone: 715-588-1511

New Horizons Family Services, LLC

40 W Davenport St

Rhineland, WI 54501

129 E Division St

Eagle River, WI 54521

Phone: 715-420-2033

Private social service agency serving Vilas, Oneida, and Forest Counties. People served include parents and children receiving services through Child Protective Services, Youth Justice, or the Coordinated Service Teams Initiative, those enrolled in Comprehensive Community Services and Childrens Long-Term Support programs, and students of all local school districts. Services may occur individually or in groups covering an array of topics such as mental health or trauma recovery; coping, social, or independent living skills; anger management, substance abuse prevention, co-parenting, corrective thinking, bullying, health dating relationships, and more.

Waaswaaganing Nindoodem-

Family Support Program/ Family Foundations Comprehensive Home Visiting (GLITC)

2932 Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324

An evidenced based program that supports families and their newborn babies, from birth up to the age of five. All services are free and voluntary, with a primary purpose of providing guidance and support to parents to get babies off to the best start possible. Enrollment: Native child/prenatal up to 2 month's post-partum meet screening requirements

Maternal Child Health Nurse

Peter Christensen Community Health Department
125 Old Abe Rd, Lac du Flambeau, WI 54538
Phone: 715-588-3371

Maternal-Child Health Nursing works to help individuals and families make informed decisions in regards to their or their family's health. The Maternal-Child Health programs consist of the following services:

- Family planning counseling and referral
- Pregnancy testing
- Prenatal counseling and follow-up
- WIC – Women Infants Children Program
 - Immunizations
 - Coordinates with Healthy Start and Healthy Families

Education provided for:

Rural Infant Health - Prenatal care, Safe Sleep, Breastfeeding

Foster Grandparent Program

Great Lakes Inter-Tribal Council (GLITC)
2932 Hwy 47, Lac du Flambeau, WI 54538
Phone: 715-588-3324

Elder Volunteers serve as mentors and improve the educational success of youth.



VETERANS SERVICES

Lac du Flambeau Tribe Veterans Services

Ron Peterson, Veterans Service Officer
Phone: 715-588-4174

The Lac du Flambeau veterans' services program provides information, referrals, activities, case management, and benefits counseling to veterans

Vilas County Veterans Services

Phone: 715-479-3629
Website: www.veteranscrisiline.net

Your County Veterans Service Office provides information and assistance in obtaining state and federal veterans benefits.

Veteran's Crisis Line

1-800-273-8255, press #1 or Text 838255

24/7 Veteran Support. Free, confidential support for Veterans in crisis and their families and friends.

What happens when I call the Veteran's Crisis Line? You will hear a recording: "You have reached the National Suicide Prevention Lifeline, also servicing the Veteran's Crisis Line. Press 1 to speak with the Veteran's Crisis Line. There will be a brief pause and a trained responder will provide the support needed.

- What happens when I text the Veteran's Crisis Line?
You will receive a text back that reads: VA Crisis Center: I'm here to help.
- How do I chat online?
Go to VeteransCrisisLine.net/Chat. Read the chat terms of service. Check the box next to "I agree to the Terms of Service" and click the button to start your confidential chat/.
- After the call, text, or chat...
Support does not end with your conversation. Responders can put you in touch with local resources after your call, chat, or text.

Rhineland VA Clinic

Oscar G. Johnson VA Medical Center
639 West Kemp Street, Rhineland, WI 54501

Phone: 715-362-4080

Website: www.va.gov

- Primary Care services for veterans
 - Behavioral Health [services](#) available
 - Handicapped accessible
 - Personal care by highly qualified primary care providers.
 - Specialty care referrals to the Oscar G. Johnson Medical Center in Iron Mountain, Michigan.
- Laboratory: Mon. - Thurs. 7:30am - 10:30am; Blood drawing services available.
Prescriptions: Routine prescriptions processed through the mail or [My Health vet](#).



ABILITIES/SPECIAL NEEDS

Vocational Rehabilitation for Native Americans (VRNA) with Disabilities

Great Lakes Inter-Tribal Council (GLITC)
2932 WI-Hwy 47
Lac du Flambeau, WI 54538
Phone: 715-588-3324

Provide culturally appropriate vocational rehabilitation services to American Indians with disabilities who reside in the GLITC VRNA service area.

Vilas County Disabilities Resource Center

Phone: 715-479-3625

Help for elders and those with disabilities.

Aging and Disability Services

Great Lakes Inter-Tribal Council (GLITC)
2932 WI-Hwy 47, Lac du Flambeau, WI 54538
Phone: 715-588-3324

Disability Benefit Specialists (DBS) are trained to determine which benefits tribal members may be entitled to, identify a process to apply for the benefits, provide assistance in the application process, and provide assistance in the appeal process. Typical programs that reviewed are:

- Social Security Disability Insurance (SSDI)
- Supplementary Security Income (SSI)
- Medical Assistance (Medicaid)
- Medicare
- Food Share
- Veterans Benefits

Eligibility: Tribal members ages 18-59 with physical, mental or developmental disabilities living on or near the reservation or Tribal Service Area.

Headwaters, Inc.

1441 E Timber Drive
Rhineland, WI 54501
Phone: 715-369-1337

A not-for-profit transitional community-based work/rehabilitation center operating since 1969. Provides vocational services to people with intellectual disabilities, autism spectrum disorders, chronically mentally ill, brain injury, physically disabled, individuals who are economically disadvantaged, and children with special needs in Forest, Oneida, and Vilas counties.

Children and Youth with Special Health Care Needs

Great Lakes Inter-Tribal Council (GLITC)
2932 WI-Hwy 47, Lac du Flambeau, WI 54538
Phone: 715-588-3324

Assist Native American parents of children with disabilities to ensure that these children obtain culturally appropriate care and have access to primary health care services. This assistance also provides information, resources, referrals, education and professional support.

Children's Health Alliance of Wisconsin

Phone: 414-337-4560
Website: <http://www.chawisconsin.org>

Provides advocacy, information and support for children's health issues in Wisconsin.

Wisconsin Family Ties

Phone: 608-276-6888
Website: www.wifamilyties.org

The purpose of this organization is to help children and families with a child that has emotional, behavior or mental disorders.



YOUTH SERVICES

Lac du Flambeau Youth Center

13708 Youth Center Lane, Lac du Flambeau, WI 54538

Phone: 715-588-7656

Email: abinoojiyag@yahoo.com

Website: www.ldftribe.com

The Lac du Flambeau Youth Center provides alternative, positive activities for youth to reduce and stop alcohol, tobacco and other drug abuse, and criminal behavior among youth on the Lac du Flambeau Reservation.

Services:

- Cultural Activities
- Large Group Activities
- Mentoring
- Structured Activities

Wiggle, Giggle, and Shake (held at Minocqua Library – Sponsored by Children’s Wisconsin)

Minocqua Public Library

Phone: 715-356-4437

Hours: 10:00 am

Website: <http://minocqualibrary.org>

A program for babies, toddlers and preschoolers involving music & movement for preschoolers and their families. This free program encourages you to read 1000 books with your child before he or she enters school. Experts say reading aloud to your child is the most important thing you can do to help your child learn to read.

Northwoods Children’s Museum

346 W. Division Street, Eagle River, WI

Phone: 715-479-4623

715-786-2929

Hours: Tuesday thru Saturday, 10:00 a.m. to 5:00 p.m., Sunday 12:00 to 5:00 p.m.

Hands-on interactive exhibits, engaging rotating exhibit themes, and participative programs. Call for information on admission fees

Teen-Anon

Website: <http://www.teen-anon.com>

Help for teens that drink or do drugs and help for all those that love them.

Runaway – text 123

Runaway Safe Line Hotline

Phone: 1-800-786-2929

Website: <http://1800runaway.org>

Help for youth and families dealing with a runaway situation.



EARLY CHILDHOOD/CHILDCARE

Little Dreams Day Care

William Wildcat Tribal Center
562 Peace Pipe Road, Lac du Flambeau, WI 54538
Phone: 715-588-4208
Tribal Daycare Center

Zaasijiwan Head Start

LDF Public School
2899 Hwy 47, Lac du Flambeau, WI 54538
Phone: 715-588-9291

Zaasijiwan Head Start is designed to provide all children with a safe, nurturing, engaging, enjoyable and secure learning environment. Home home-based services, Early Head Start center-based (0-3 year olds) services, and Head Start center-based (3-5 year olds) services offered.

Terri's Tree House Early Learning Center

136 Swenson St, Woodruff, WI 54568
Phone: 715-356-4686

Nationally Accredited through NAEYC – contact for enrollment information

Little Sunshine

9241 Co Rd J, Woodruff, WI. 54568
Phone: 715-358-5437

Contact for enrollment information

Trinity Lutheran School – 3K

8781 Brunswick Rd, Woodruff, WI 54568
Phone: 715-356-225

Contact for enrollment information

North Country Montessori

8961 Co Hwy J, Woodruff, WI 54568
Phone: 715-356-4678

Contact for enrollment information



COALITIONS

Healthier Community Action Team (HCAT)

Meetings: HCAT meetings are held the first Friday of every month at the Peter Christensen Health Center Conference Room starting at 9 a.m. and ending by 11 a.m. unless otherwise noted.

Mission: To build a healthier Northwoods community by developing a collaborative environment with programs, agencies and community.

Vision: To develop a model system of sustainability that encompasses community involvement and support to build a healthier community.

Honoring Our People's Endurance (H.O.P.E.)

Phone: 715-439-3317

Website: <http://ldfhope.org>

Honoring Our People's Endurance (H.O.P.E.) is a 501©(3) non-profit organization based on the Lac du Flambeau Indian Reservation seeking to promote positive alternative activities geared for youth and community in efforts to mitigate the usage of alcohol and drugs. H.O.P.E. started in December 2006 and began to provide positive activities to the youth sponsoring family socials, sobriety pow-wows, fun days, Wellbriety Campouts, and various events periodically throughout the year. No membership or dues are associated with the organization, solely based on volunteerism.

Minobimaadiziwin Coalition (MINO)

Phone: 715-588-1511 ext. 2126

Website: www.ldfcoalition.org

Visit our website for substance abuse prevention information, Recovery Resources Directory, membership, Facebook link, and more.

MEETINGS: Coalition meetings are the first Tuesday of every month starting at 1:30 p.m. and ending at 3:00 p.m. unless otherwise noted.

MISSION: The Minobimaadiziwin Coalition works collaboratively to prevent and reduce substance abuse, especially among youth, by promoting healthy lifestyles.

VISION: A Lac du Flambeau community that embraces their culture and positive healthy lifestyles.

GUIDING PRINCIPLES:

- We infuse culture in all our activities.
- Every individual and organization share the responsibility for helping our youth, families, and community to support healthy lifestyles and environment.
- We sponsor collaborative activities to prevent and reduce substance abuse.
- We provide fun and positive opportunities for inter-generational partnerships.
- We share information and resources within our community as well as with other tribes, communities, and coalitions.
- We utilize demonstrated effective culturally relevant prevention and practice-based evidence strategies.
- We collect and analyze relevant data to guide coalition efforts.

Northwoods Coalition

c/o Marshfield Center for Community Outreach
1000 North Oak Avenue, Marshfield, WI 54449

Phone: 715-221-8401

Website: <https://communityhealth.marshfieldclinic.org/en/Northwoods-Coalition>

Formed in 1995, Northwoods Coalition is the largest and oldest coalition dedicated to substance abuse prevention in Wisconsin. Representatives from over 50 coalitions in a 37-county region, including all 11 Wisconsin Tribal Nations, serve on a non-governing advisory board to help shape policies, practices and programs which address public health issues arising from use of alcohol and other drugs. Marshfield Clinic staff provide support including education, training, technical assistance and other resources to members of Northwoods Coalition.

Mission: Diverse community coalitions working together to promote effective substance abuse prevention through:

- Networking
- Advocacy
- Mentoring
- Leadership

Vision: Strong Coalitions, Healthy Communities

Vilas County Youth Coalition (VCYC) Inc.

PO Box 2295, Arbor Vitae, WI 54568

Website: <https://vcyouthcoalition.org>

Meetings: VCYC meetings are the third Friday of every month held at the St. Germain Community Center starting at 8:30 a.m. and ending by 10 am. Unless otherwise noted.

Mission: The Vilas County Youth Coalition is a group that aims to strengthen and support youth by providing intergenerational partnerships, positive opportunities, various community activities, and by encouraging respect, individuality, and active healthy citizenship.

VCYC annually sponsors Positive Alternatives Youth Conference for 6th graders in Vilas County plus MHLT. VCYC promotes stoptheuse.org, which is a microsite to assist community members with finding resources for substance use disorders.



Healthy Living

FOOD

Food Distribution

220 Industrial Park Road, Lac du Flambeau, WI 54538

Phone: 715-588-4204

Website:

https://www.ldftribe.com/departments/35/Health_Human_Services/Food_Distribution_Program.html

The Lac du Flambeau Food Distribution Program is a U.S. Dept. of Agriculture-funded food program for persons (both tribal and non-tribal members) who reside on the Lac du Flambeau reservation and for enrolled members of any tribe residing in Vilas or Oneida counties and southern tip of Iron County. The program provides nutritious food items to eligible participants.

LDF Economic Support

William Wildcat Tribal Center
418 Little Pines Road, Lac du Flambeau, WI 54538

Phone: 715-588-4235

Food Share benefits for tribal members.

Supplemental Nutrition Program for Women, Infants and Children - GLITC

2932 Hwy 47, Lac du Flambeau, WI 54538

Phone: 715-588-3324

WIC is a supplemental nutrition program for women, infants, and children to assist with promotion and maintenance of health and well-being of nutritionally at-risk pregnant, breastfeeding and post-partum.

LDF Country Market

501 Old Able Road, Lac du Flambeau, WI, 54538

Phone: 715-588-3447

The Lac du Flambeau Country Market is a full-service store featuring a complete line of groceries and frozen foods along with a wide selection of meat, produce, bakery, and hot deli items. Tobacco products and other merchandise are also sold.

Lakeland Food Pantry

1707 Hwy 51 North, Arbor Vitae, WI

Phone: 715-358-2222

Email: lakelandfoodpantry@gmail.com

Website: <http://www.lakelandpantry.com/>

The Lakeland Pantry is a non-profit organization run by volunteers from throughout the area that provide food, clothing, and other essential items to families and individuals who need assistance.

Boulder Junction Food Pantry

10441 Main Street, Boulder Junction, WI, 54512

Phone: 715-385-2146

Website: http://commchbj.org/food_pantry.html

Calendar: <http://commchbj.org/newsletters/FoodPantryCalendar.pdf>

The Community Food Pantry, located behind the Community Church, serves people in need across western Vilas County. Food is distributed each Thursday. Hours alternate between mornings and afternoons. See schedule on calendar link.

Clients may use the pantry twice per month. Foods are selected based on federal nutrition guidelines.



HOUSING

Chippewa Housing Authority (CHA)

554 Chicog Street, Lac du Flambeau, WI 54538

Phone: 715-588-3348

Website: www.ldfcha.org

The mission of the CHA is to develop, operate and maintain affordable housing programs and activities on the Lac du Flambeau Indian Reservation. The purpose of these activities is to provide Tribal membership with a decent, safe, sanitary housing and supportive services that promote self-sufficiency, economic and community development on the Reservation.

NEWCAP, Inc.

603 East Wall Street, Eagle River, WI 54521

Phone: 715-479-3357

Hours: Monday-Thursday 8am–5pm, Friday 8am–12pm

Mission of NEWCAP is to enable and assist individuals with limited income to attain the skills, motivation, and opportunities necessary for them to become self-sufficient and independent. Vilas

County Services:

- Community Health Services
- Emergency Food Assistance/Food Pantry Program
- Emergency Solutions/Transitional Shelter/Homeless Prevention Program
- Garden Projects Program
- Homebuyer Program & Homeowner Rehabilitation Program
- Housing Choice Voucher Program
- Housing Counseling
- Section 8 Voucher Family Self-Sufficiency Program
- Tenant Based Rental Assistance Program
-

Frederick Place Homeless Shelter

204 W. Frederick St., Rhinelander, WI 54501

Phone: 715-369-9777

Website:

http://www.nathnorthwoods.com/frederick_place.html

Provides emergency shelter to homeless individuals and families.

Sunshine for Humanity Inc.

1191 Hwy 45, Eagle River, WI 54521

Phone: 715-477-2220

Hours: Closed Tues, Thurs and Sun, Open Mon, Wed, Fri and Sat 10am-2pm

Website: sunshineforhumanity.com

Non-profit organization established in 2008. Sunshine receives donations from community of household items, furniture and appliances, which are given away free. Advocate Care Services provides temporary, immediate housing and living essentials to those in need. Wheelchair accessible entrance.

Our Sister's House

328 E. Washington Avenue, Tomahawk, WI 54487

Phone: 715-224-3520

Temporary homeless shelter for women, men and children. Mission is to provide temporary housing and living essentials to those in need, in a safe environment that fosters a sense of self-worth, promotes self-sufficiency and strives for independent living.

LDF Homeless Shelter

PO Box 67

Phone: 715-588-4233 (Shelter Main Line) / 715-588-4322 (Shelter Manager)

The Emergency Shelter has the capacity of providing tribal members with emergency shelter that warrants a safe place to stay based on need, availability of shelter space, and criteria.

We are dedicated to providing individuals with food, safe Shelter, and referrals to needed supportive services, as well as, being a stepping-stone toward self-sufficiency. We believe all individuals deserve the essential necessities of life. We service men, women, and families. The Emergency Shelter provides case management services and referrals to needed services to help obtain self-sufficiency through community-based programming that is culturally sensitive.



TRANSPORTATION

Lac du Flambeau Tribal Transit

Phone: 1-855-LDF RIDE (533-7433)

The LDF Transit Program is a partnership between the Lac Du Flambeau Tribe and both the Wisconsin State and Federal Transit Authority, the purposes of transit is to provide safe and affordable transportation, serving all residence of Lac Du Flambeau for medical, nutrition, recreation, education, and employment related activities. Our current fleet of six vehicles are equipped with radio and computer dispatching equipment to provide fixed routes to the Minocqua/Woodruff area and on-demand services to all users along with wheelchair accessibility for specialized transportation needs. Our current hours of operations are Monday thru Friday (5am – 7:30pm) with options for scheduled reoccurring riders.

StarGazer Ride Service/Northwoods Mobility Services

Phone: 715-453-2929 (8am to 4 pm)

Fax: 715-453-2999

Website: www.nmsmobility@yahoo.com

A full-service non-emergency medical transport company, based right in the heart of the Northwoods. We provide transportation for both ambulatory and wheelchair-bound patients to medical appointments, community events and even long-distance specialty appointments. We specialize in bariatric transport as our vehicles can accommodate large wide wheelchairs and patients over 750 pounds. We are contracted vendors with MTM/Veyo, Inclusa, IRIS and various other social service and workers compensation agencies. We also provide private pay transportation and airport transfers, along with large group transports. Advance reservations for appointments are necessary as we are not an on-demand service. Our service area includes all of Oneida, Vilas, Lincoln, Forest, Price and surrounding counties, and destinations all across the state.

Veyo, Inc

Phone: 1-866-907-1493 **Text** 711

Medical Transport Program for Medicaid and BadgerCare Plus members to get to and from Medicaid funded services. Call at least two business days in advance, unless your trip is urgent. Members and medical facilities may also conveniently schedule transportation online.



NATURAL RESOURCES

Environmental Health Services/Sanitarian

Peter Christensen Community Health Department
125 Old Able Road, Lac du Flambeau, WI, 54538

Phone: 715-588-3371 ext. 1902

Website: <http://www.pchclinic.com/communityhealth.html>

A registered Environmental Health Specialist (REHS) routinely inspects a wide range of facilities to ensure compliance with environmental, health, and safety regulations set forth by federal, state, and local governments.

Tribal DNR Conservation Law Department

2549 Hwy 47 North, Lac du Flambeau

Phone: 715-588-4172

The Tribal Conservation Law Enforcement Department is responsible for enforcing conservation/natural resource laws, codes, and ordinances within boundaries of the Lac du Flambeau Reservation.

Tribal Department of Natural Resources (DNR)

2549 Hwy 47 North, Lac du Flambeau, WI 54538

Phone: 715-588-4213

Email: dir253@aol.com

The Tribe's vision for the environment is to protect, conserve, and enhance the resources of the reservation for present and future generations to come.

Program Phone Numbers:

- Circle of Flight: 715-588-4178
- Deer Registration: 715-588-4245

Programs & Services:

Air Quality Program: 715-588-4213

Conservation Law Department: 715-588-4172

(see law enforcement section)

Environmental Protection: 715-588-4295

- | | |
|---|---------------------------|
| ▪ solid waste management | ▪ solid waste enforcement |
| ▪ environmental quality issues | ▪ indoor air quality |
| ▪ underground storage tank inventory & management | ▪ environmental education |

Fisheries & Fish Culture: 715-588-4492

- Raises fish for stocking reservation waters, conducts fish population studies involving electro fishing, creel surveys, etc.

Great Lakes Restoration Initiative: 715-588-4178 Implements Great Lakes Restoration Initiative (GLRI).

Environmental Response (Brownfields): 715-588-4290

- Handles soil and groundwater contamination concerns within the reservation boundaries including environmental assessments and cleanups.

Tribal Forestry Program: 715-588-4262

- Responsible for managing 44,957 acres of trust lands by conducting timber stand improvement, timber sales, and tree planting.

Water Resources: 715-588-4162 or 715-588-4163

- Monitors water quality on the reservation; conducts fish flesh studies, encourages responsible lakeshore development, and manages reservation wetland resources.

Wildlife Management: 715-588-4167

- Conducts population estimates of deer, grouse, hare, bear, waterfowl, osprey, eagle, and various furbearers

Wild Rice Enhancement Program: 715-588-4238

- Gathers harvest information such as health of wild rice water/beds, restoration locations and provide information on open and closed dates on Off-reservation date regulated wild rice waters



OTHER SERVICES

LDF Enrollment

William Wildcat Tribal Center
418 Little Pines Road, Lac du Flambeau, WI 54538
Phone: 715-588-4227

Office Hours: Monday through Friday 8:00 am to 4:30 pm

The Enrollment/Tribal Operations Department is responsible for processing Tribal Member Enrollment applications and presenting them to the Enrollment Committee for review.

Services: Provide Tribal Members, upon request, with copies of birth records/certificates and enrollment status information; Issue Tribal photo identification cards to Tribal Members; Election duties as assigned by the Tribal Council

Land Management

618 Peace Pipe Road, Lac du Flambeau, WI 54538
Phone: 715-588-2482

The LDF Land Management Program provides a wide array of real estate services to the Tribe and its members. It also assists with general responsibility information for Tribal and Allotted lands within the boundaries of the Lac du Flambeau Reservation.

LDF Motor Vehicle Department

Judicial Center
623 Peace Pipe Road, Lac du Flambeau, WI, 54538
Phone: 715-588-4202

The State of Wisconsin has reciprocal registration agreements with the Indian tribes and bands indicated below, in accordance with section [341.409](#), Wisconsin Statutes. The agreements are similar to those with other states, and they provide for unrestricted operation in both jurisdictions by vehicles registered in either jurisdiction. Wisconsin Indian tribes and bands issue license plates to members who reside on the reservation. Some tribes also issue registration to non-members who reside on the reservation.

Roads Department

280 Industrial Park Road, Lac du Flambeau, WI 54538
Phone: 715-588-4230

The Tribal Roads Department's priority is maintenance of all BIA and Tribal Roads on the reservation. Other services are:

- Auto Maintenance Program: provides quality, low-cost maintenance and repairs to all community members, Police, and Tribal Fleet, as well as maintenance to the Tribal Roads trucks and equipment. Appointments are required.
- Construction Program: provides services such as driveway blading, re-gravelling, tree removal, and also provides sand, dirt, gravel, and large rocks for a reduced cost and flexible payment options

Tribal Planning and Development Department

602 Peace Pipe Road, Lac du Flambeau, WI 54538

Phone: 715-588-4252

Office Hours: Monday through Friday 8:00 am to 4:30 pm.

The Lac du Flambeau Tribal Planning and Development Office coordinates, develops and networks the resources, services and expertise necessary to achieve the goals of the Lac du Flambeau Band of Lake Superior Chippewa Indians



ADDITIONAL RESOURCE DIRECTORIES

Vilas County Resource Guide

Website: <https://cms9files.revize.com/vilascountywi/2023%20Resource%20Guide.pdf>

Updated by Vilas County Social Services

Northwoods Area Mental Health and Substance Use Recovery Resources

Website: <http://hopeconsortium.org/resources/community-resource-guide/>

Published by the HOPE Consortium

Helpful Links and Contact Information for Forest, Vilas and Oneida Counties

Website: <https://www.thehumanservicecenter.org/#!helpful-link---contact-information/c%20l%20opy>

Published by The Human Service Center of Forest, Vilas and Oneida Counties

United Way 2-1-1

Phone: 2-1-1

Website: <http://www.211wisconsin.org/>

The mission of 2-1-1 Wisconsin is to connect everyone in Wisconsin with quick and easy access to community-based health and human services information and resources.





MEDIA

Tribal E-Newsletter

PO Box 67, Lac du Flambeau, WI 54538

Phone: 715-437-0465

Email: communications@ldftribe.com

Email your request for a free subscription to you

Lakeland Times

Minocqua, WI 54548

Phone: 715-356-5236

Email: editor@lakelandtimes.com

Local Lakeland Area newspaper

WJFW TV 12

Rhineland, WI 54501

Phone: 715-365-8812

Email: email@wjfw.com

NBC television statio

WXPR Radio Station

General Manager

Phone: 715-362-6000

Website: www.wxpr.org

Public radio station.





Emergency/Preventative

911

Emergency Hotline:

An emergency is any situation that requires immediate assistance from the police, fire department or ambulance.

When you call 911, be prepared to answer the call-taker's questions, which may include:

What's your emergency?

The location of the emergency, including the street address

1-800-273-8255

The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. They cover more than just suicide, including help with substance abuse and addiction. Lifeline services are available in English (1-800-273-8255), for Spanish language speakers (1-888-628-9454), and for individuals who may be deaf or hard of hearing (1-800-799-4889).

211

Help for substance use disorder and Overdose prevention

1-800-484-3731

Overdose Prevention Hotline



Text

741741

Text when in crisis available 24/7
Overdose Lifeline

